



## Celebrating Youth Engagement



The 2017 Youth in Action awards will highlight youth in each of our core areas. Through a formal selection process, one awardee will be chosen within each pillar area:

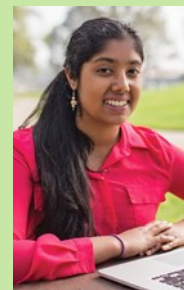
- Youth in Action: Agriculture
- Youth in Action: Citizenship
- Youth in Action: Healthy Living
- Youth in Action: STEM

One national Youth in Action Award 2017 winner will be selected from the four pillar winners. Each pillar winner will receive a \$5,000 scholarship for higher education, be featured as the 4-H Youth Spokesperson for their pillar area and an all-expenses paid trip to Washington, D.C. to be recognized at National 4-H Council's Legacy Awards on March 21, 2017.

We encourage all California 4-H'ers to share the positive impact you've made through your 4-H experiences. [Applications](#) are now open!

### 2016 National Youth in Action Award winner: California 4-H'er Ru Ekanayake

Ru Ekanayake from Torrance was also the Youth in Action: Healthy Living winner, thanks to her work creating the first 4-H Healthy Living blog and organizing a successful multi-county Healthy Living Summit. See Ru's story on our [YouTube channel](#).



## Ambassador Corner

The 2016-2017 State Ambassador team have been very busy this summer! Some of the team attended California Focus in Sacramento. Six of the Ambassadors got to attend Alberta 4-H Club Week in Canada as part of the Canada-California 4-H exchange. The Ambassadors also attended the State Leadership Conference as Support Group and a few of the 2016-2017 team were on the SLC Planning Team.

The State Ambassadors have been working diligently to decide on a new service learning platform for 2016-2017. After the success of last year's Text, Talk, Act, the State Ambassadors have decided to host Text, Talk, Vote a campaign to promote civic learning and engagement. During the week of October 16-22<sup>nd</sup> get a group of four to six 4-H'ers together and text "Vote" to 42016. Look for more details on how to get involved in Text, Talk, Vote by following us on **Twitter @California4H, on Facebook @california4H, and on Instagram @ca4h** you can also follow Text, Talk, Vote by using **#TextTalkVote**.

Say "Hi" to the Ambassadors at upcoming events. The Ambassadors will be attending State Leaders Forum, Mindfulness Retreat, Citizenship Weekend, WHY Conference and even more state and area events throughout the year. To keep up with what the State Ambassador's work check out the [State Ambassador page](#) on the State 4-H website.

Applications are now open and are due January 9<sup>th</sup> for the 2017-2018 ambassador team for more information please visit the [Apply to Become a State Ambassador page](#).





## California 4-H Foundation Updates

### California 4-H Foundation - Alumni News

Are you 4-H Grown? Join California 4-H Alumni & Friends so we can connect with you, hear your 4-H story and learn how 4-H helped you become the person you are today. Occasionally we will send out 4-H alumni updates, share with you engagement opportunities to connect with today's 4-H youth, or perhaps invite you to an alumni event in your area. It's easy and free to [sign up today!](#)

**As a special bonus, if you are one of the first 25 alumni to sign up, we will send you a reusable bag with "Proud 4-H Alumni" on it so you can show your 4-H pride!**

If you are a youth who "aged out" of 4-H recently by turning 19 or if you will turn 19 by December 31<sup>st</sup> this year, we want you to know that there are many opportunities to stay engaged, even despite a busy school or work schedule. You will always be part of the 4-H family!

Here are some ways to stay connected:

- [Sign up](#) to join California 4-H Alumni & Friends!
- Contact your County 4-H Office to see where they might need some help, from volunteering a few hours in their office to judging at Presentation Day. Here is a link to find your county office's [contact info](#).
- Apply to become a Program Assistant for next summer's State Leadership Conference. Apply [here](#).
- Join your university's Collegiate 4-H club (if you are going to college in California, both UC Davis and Cal Poly have active clubs).
- Lead a 4-H project – the time commitment can be as short as six hours. Contact a Club Leader near you to see how you can get involved.
- Work with the Foundation to help us identify 4-H alumni at county events, through social media, etc. Send an email to our Executive Director, [Paula Allison](#), if you wish to be an alumni ambassador.
- Apply to be a district leader at Cal Focus next summer. Check out information [here](#)



### [4-H Branding Toolkit](#)

Start planning your events to celebrate National 4-H Week, October 2-8, 2016!

This year's theme is "4-H Grown". The 2016 logos and social media toolkit are on the [Branding Toolkit page](#).



### Urban Institute Releases Report on Interventions for Homeless Youth

The report, [Family Interventions for Youth Experiencing or At Risk of Homelessness](#), summarizes existing evidence on 49 family intervention strategies—identified through a literature review—to prevent youth homelessness or reunite youth experiencing homelessness with their family.





4-H Grows in California  
¡4-H Crece in California!

## California 4-H Diversity and Expansion Update

### How can we invite and include Latino families in 4-H?

If you would like to invite and include Latino families in 4-H consider the following:

- Don't do it alone
- Assume that people are bilingual

#### Create a Welcoming Group Meeting

- Consider the daily schedule of the participants when setting times
- Make personal invitations to the meeting through visits or phone calls
- Supplement personal invitations with bilingual print information
- Recruit Latinos by advertising in Latino churches, markets, business, and Spanish newspapers
- Utilize Spanish Radio spots
- Hold meetings in locations where the people will be comfortable
- Make it a social event (music, food, etc)
- Have something for people to do or look at when they arrive before the meeting begins
- Accommodate language preferences. Ask at the start which language the group prefers.
- Greet people at the door
- Plan for late arrivals

From the [4-H Latino Youth Outreach Best Practices Toolkit](#)

## Extensión y Diversidad del 4-H de California

### ¿Cómo podemos invitar e incluir a las familias Latinas a 4-H?

Si desea que las familias latinas se sientan bienvenidas en 4-H, tenga en cuenta esto cuando organice su reunión:

- No haga todo solo
- Siempre considere que las personas son bilingües

#### Al organizar la reunión:

- Tenga en cuenta las actividades de las personas cuando decida a qué hora será la reunión.
- Invite a las personas "personalmente" ya sea por teléfono o en persona
- Siempre que invite de información del evento (bilingüe)
- Reclute a los latinos en los lugares que ellos frecuentan, iglesias, mercados, negocios o ponga un anuncio en los periódicos en español
- Utilice el radio en español para anunciar su evento
- Lleve a cabo las reuniones en un lugar donde las personas se sientan confortables
- Hágalo un evento social (música, comida, etc)
- Piense en algo que la gente pueda hacer cuando llegue a la reunión.
- Deles a escoger en que idioma prefieren tener la reunión
- Salude a la gente y deles la bienvenida en la puerta
- Planee su evento de manera que pueda incluir a la gente que llegue tarde.

Tomado del documento [4-H Latino Youth Outreach Best Practices Toolkit](#)

We are together on this mission! **REMEMBER** Multicultural 4-H Clubs will strengthen our identity and make us stronger  
If you would like to learn more about how becoming a Multicultural 4-H Club please contact: [Lupita Fabregas](#)

4-H Grows in California!

¡Esta misión nos incluye a todos! **RECUERDE** que un Club 4-H Multicultural reforzara nuestra identidad y nos hará más fuertes. Si desea aprender más acerca de cómo organizar un Club 4-H Multicultural, por favor contáctate a: [Lupita Fabregas](#) ¡4-H Crece en California!



Check out our statewide  
[calendar](#) of events, dates & deadlines!

## 4-H CALENDAR OF EVENTS

### October

- 10/1 [Yoga for Kids Leader Training- Quincy](#)
- 10/2-8 National 4-H Week
- 10/3 [State Record Book Evaluator \(judge\) Application Due](#)
- 10/5 [2016 4-H National Youth Science Day](#)
- 10/7 [4-H and FFA Livestock Quiz Bowl Registration Due](#)
- 10/8 [Yoga for Kids leader Training- Ukiah](#)
- 10/8 [Yoga for Kids leader Training- Moreno Valley](#)
- 10/15 [4-H and FFA Livestock Quiz Bowl](#)
- 10/16 –22 Text, Talk, Vote a campaign
- 10/17 [Registration Due for State Leader's Forum](#)
- 10/21 [Record Books for State Competition Arrive to State Office](#)
- 10/24 [4-H Youth in Action Awards Applications Due](#)
- 10/28-11/14 State Record Book Competition
- 10/29 [4-H at North Bay Science Discovery Day](#)

### November

- 11/2 [National 4-H Conference Applications Due](#)
- 11/4-6 [Mindfulness Retreat](#)
- 11/4-6 [State Record Book Competition](#)
- 11/11-13 [State Leaders' Forum](#)

### January

- 1/9 [2017-18 State Ambassador Team Applications Due](#)
- 1/27-29 [2017 Leadership Conference of Regional Teens \(LCORT\)](#)

### March

- 3/21 [Legacy/Youth in Action Awards Presentation](#)

### June

- 6/16 –20 [California Focus](#)
- 6/24-7/01 [Citizen Washington Focus \(CWF\)](#)
- 6/24-7/05 [Extended Citizen Washington Focus \(CWF\)](#)

### July

- 7/16-20 [Leadership Washington Focus \(LWF\)](#)

## Scholarship & Award Opportunities

**Scholarship Guide**– Hispanic and Latino Students New Scholarship [guide](#) available specifically for Hispanic and Latino students. Also see listing of useful [scholarship and financial resources](#).

**Diamond Clover Award**–The California Diamond Clover is the highest achievement for which a 4-H youth member is recognized. All youth members who achieve the requirements are eligible to receive this award. Awardees receive the California Diamond Clover Pin or Necklace Charm, a certificate and a recognition letter from the Associate Director of 4-H Program and Policy. Applications are accepted year-round. Applications are reviewed by the 4-H Incentives and Recognition Advisory Committee and awarded quarterly. Find more information [here](#).



## Grant Opportunities

Department of Health and Human Services National Institutes of Health Advancing Basic Behavioral and Social Research on Resilience: An Integrative Science Approach (UG3/UH3)\$250,000

<http://www.grants.gov/web/grants/view-opportunity.html?oppld=284587> Deadline: December 1, 2016

[Karma for Cara Foundation Micro-grants for Service Projects](#) Deadline: Rolling

[Home Depot Impact Grants](#) Deadline: Rolling

[The Awesome Foundation Grants](#) Deadline: Rolling

### Report Examines Judicial Model to Eliminate School Pathways to the Juvenile Justice System

OJJDP-funded [report](#) discusses the findings from an evaluation of a judicially led collaborative model to reduce referrals of youth to juvenile courts for school-based behaviors and disciplinary infractions.



### Gift Certificate Program

Don't know what to get that 4-Her in your life for the holidays or a birthday or just because? How about a [Gift Certificate](#) for a Statewide Conference?

#UCANR4H





## Positive Youth Development

### 4-H Thrive 2016-2017 Master Trainer & Project Leader Information iSprout \* iGrow\* iThrive

Interested in bringing a fun and engaging educational experience to 4-H members in your county? The Thrive Educational Series offers age-appropriate curriculum for members at each level of their 4-H experience. [On our site](#) you can find more information about how to get involved, order 4-H Thrive Educational Materials, or gain access to online resources.

### State Fashion Revue 2017, "The Road to Fashion"

The State Fashion Revue committee is excited to announce the five categories for 2017! Returning categories are Traditional and Upcycled for members in the Clothing & Textiles project (no change in rules). Consumer Science Purchased, \$40 limit is open to all 4-H members; the category criteria have been updated. The first challenge is the Knit Challenge, open to any 4-H member to make a garment out of knit fabric. The second is the Stripe/Print/Plaid Challenge, open to members in the Clothing & Textiles project – choose 2 of the 3 designs to include in a sewn garment or outfit. Look for the 2017 service project announcement next month and event details as they are finalized. Please see the [SFR website](#) for information on the categories and joining the committee.



## Citizenship

### SAVE THE DATES!!! 2017 Washington Focus Trips

**Leadership Washington Focus (LWF)** July 16-July 20, 2017  
For youth entering grades 7 through 9 (by Fall of 2017)



**Citizenship Washington Focus (CWF)** June 24-July 1, 2017  
For youth ages 15 to 19. Delegates must be at least 15 years of age by time of travel to participate.

**Citizenship Washington Focus Extended Trip (CWF-EX)** June 24-July 5, 2017 \* **Note the end date has changed\***  
Includes conference plus extra days visiting historical sites in Gettysburg, PA, Philadelphia, PA & Baltimore, MD. *Registration is scheduled to open October 15, 2016.*  
For more details [here](#).



### California Focus

Join us! June 16-20, 2017 in Sacramento CA. Find more information [here](#).  
**Want to be a District leader at CA Focus?**  
Applications are opening the week of October 25<sup>th</sup>, see details [here](#).



National Conference [Applications](#) open ! Due November 2, 2016



4-H is about building better citizens,  
teaching values and developing  
skills...It doesn't matter if you're from  
a farm environment or from a big city.  
Orville Redenbacher - Indiana 4-H

## Leadership



[State Ambassador Applications](#) are open!!

### Save the Date! 2017 State Leadership Conference

July 21-23 – UC Davis

[SLC planning team applications](#) open until September 22, 2016



### Calling All 4-H Adults

Nov. 11 - 13, 2016

Last day to register is Oct. 17.

#### Santa Rosa at the Flamingo Resort and Spa

There is still time to register for Connect the Dots, the State Leaders' Forum,. Registration is \$200 which includes all meals and allows you to participate in the assemblies and workshops throughout the weekend. See [the website](#) for the registration form, a list of workshops, biographies of the speakers, Make it and Take It possibilities, and tours of the wine country.

We are also looking for pictures from past Forums to produce an all inclusive Afterglow. If you have any to share please contact [Mary Engebretsen](#). We request counties to send a basket for the Silent Auction, plus donations from any individuals are most welcome. The silent auction helps up to defray the costs of the Forum.

New to the Community Club Leader Role? Join us a State Leaders' Forum for a track just for you! In addition to all of the assemblies and networking, the Saturday CCL track will start with an overview of the role of the CCL. Then you will choose two other sessions of interest to you from the great workshops being offered. Finally, we'll get back together as a cohort to reflect on our learning goals and make plans for additional inquiry. At the completion of the full track, participants will receive the new CCL Essentials Certificate. This certification is being piloted at SLF—it will be an opportunity to learn as well as an opportunity to give feedback to this certification course.



LCORT 2017 (Leadership Conference of Regional Teens) is coming January 27-29, 2017 at Wonder Valley Ranch in Fresno County. 4-H members age 12-14 as of 12/31/2016 in counties of the Central Area and former South Central Section are invited to attend with one or more 4-H leader or staff chaperones age 21 and up. Workshops are taught by Leadership Teams of members age

15-18 from the South Central counties. Registration for 2017 LCORT is now open so you should plan to attend! The fee is \$165 for Central Area counties and \$150 for SCS counties (previous SCS dues supported LCORT). Participants complete the paper registration and medical forms and turn them in to your county office which then registers you online. Closing date is 12/14/2016 or whenever the 350 maximum is reached, whichever is earlier. A waiting list will be established if necessary. See the LCORT website for the forms and Delegate and Chaperone FAQs, at <http://ucanr.edu/lcortinfo>. Contact [lcort2017@gmail.com](mailto:lcort2017@gmail.com) with questions.

#UCANR4H



## Record Books

### State Record Book Competition 2016 Important Information & Dates:

- State Record Book Competition will be administered electronically this year. Send your physical book (or a digital copy if allowed) to your County 4-H Office by their established deadline. Counties are then responsible for sending digital scans of Record Books to the State 4-H Office. Email [Gemma Miner](#) with any questions.
- Seeking State Evaluators!  
If you enjoy reading about all the great work 4-H members accomplish each year and you have access to a computer, please consider being a State Record Book Evaluator. Deadlines to know:  
October 3<sup>rd</sup>: State Record Book Evaluators (judges) applications are due.  
October 28<sup>th</sup>: Record Books sent electronically to evaluators.  
November 14<sup>th</sup>: Evaluator scores and comments due back to State 4-H Office.  
Apply to be a State Record Book Evaluator [here](#)



### 2016-17 Record Books

The Record Book and manuals for Junior, Intermediate and Senior members will be the same as 2015-16. All units will be expected to come into alignment with the state book beginning July 1, 2016. All other supplemental forms not included in the state Record Book must be eliminated at that time. Two new versions of the Primary Member Report form were released on July 1, 2016. One is a basic report and the other follows and supports the iSprout curriculum.

## Healthy Living

### 4-H Project Leader Training – Yoga for Kids

If you are interested in leading a 4-H Yoga for Kids Project please register for a training session below. CA 4-H will provide 6.5 hours of on-site training by a Registered Yoga Teacher; program guides; and technical support following the training. Trainings are offered at five locations throughout California: **Davis, SLO, Quincy, Moreno Valley, and Ukiah.**

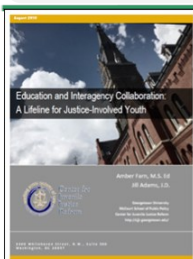
For more information or to register [click here](#). Please contact [Anne Iaccopucci](#) for questions.



## Research updates

### Recovery After Disaster: The Family Financial Toolkit and Video

The University of Minnesota Extension & North Dakota State University Extension Service have developed the [Recovery After Disaster: The Family Financial Toolkit](#) that may be helpful to families as they work through the recovery process & make decisions about their futures. The [Toolkit](#) is available to download free of charge. Also [additional recovery resources](#).



### Brief on Addressing Educational Needs of Justice-Involved Youth Now Available

This [issue brief](#) focuses on the importance of collaboration between policymakers and educators to address the educational needs of youth at risk of entering, or involved in, the juvenile justice system. The brief reviews research on education for system-involved youth and details recent efforts to improve educational outcomes for this population.



## Science, Technology, Engineering, and Math (STEM)

### 2016 4-H National Youth Science Day (4-H NYSD)

The 9th annual 4-H NYSD Challenge will be held on **Wednesday, October 5, 2016**, and will bring youth together from all around the nation to complete this single, innovative activity. The [2016 4-H National Youth Science Day](#) Challenge will explore how remote sensing can be used to solve real world problems while learning concepts like flight dynamics, forces of flight, basic computer coding, as well as following federal regulations while operating drones.

Be sure to visit the [4-H National Youth Science Day website](#) for fun and engaging STEM content, register your local 4-H NYSD event, and access resources and materials.



To guarantee delivery of Drone Discovery kits by October 4th you must place your kit order by Friday, September 23rd. Orders placed after the 23rd will be subject to rush shipping charges.



### Drones for Ag

Drones are appearing everywhere these days, thanks in large part to rapid advances in the technology and reductions in cost. Most drones sold today are used by hobbyists, however these flying robots have become important tools in many fields including agriculture. Also known as Unmanned Aerial Vehicles (UAVs), drones have become a game changer for ag because they can produce extremely detailed images and be flown when you like, as often as you like, and you get the images almost immediately. Farmers are using drones to monitor crops for anything undesirable, including water stress, nutrient problems, pest damage, and disease. This allows them to nip problems in the bud and apply treatments more strategically and efficiently.

Most UAVs allow you to program a flight path on a tablet, so you can fly the exact same area multiple times and overlay the images on top of each other to see change. To get the most out of the drone data, the images have to be stitched together in a process called mosaicking, and analyzed with special software that knows what to look for. Some software can even tell you the height of plants by comparing how they look from different angles. This allows farmers to measure growth rates and plan operations. Likewise ranchers and foresters are using drones to measure the health and structure of rangelands and trees, as well as find lost livestock.

Scientists in [the UC Division of Agriculture and Natural Resources](#) are experimenting with new ways that drones can be used for agriculture and rangeland management. The IGIS program in ANR teaches workshops in drone operations, including safety, regulations, and data analysis. The theme of this year's National Youth Science Day is drone exploration, so this is a great opportunity for youth to learn about what these amazing devices can do!

### 4-H at the North Bay Science Discovery Day October 29, 2016, Sonoma County Fairgrounds (Santa Rosa)

Help promote the University of California 4-H Youth Development Program at the North Bay Science Discovery Day! Please register to help at the 4-H booth during the event where you will lead two activities: Cork Mobile and Boat Float. More information [here](#). Contacts: [Steven Worker](#) or [Jessica Bautista](#).

[REGISTER TO STAFF THE 4-H BOOTH!](#)







A True Leader moves their  
community forward.  
#TRUELEADERS

## Animal Sciences

The Directors of the California Pork Producers Association (CPPA) and the CPPA Youth Committee invite breeders and junior members to participate in the 2016 - 2017 Annual Show Pig Scholarship program.

The Show Pig Scholarship is designed to promote interaction between the leaders of today and those of tomorrow by providing junior members a high quality show pig for their county fair, as well as gain depth of knowledge about the swine industry from the breeder. It is the goal of the show pig scholarship to assist junior members with strong scholastic skills, who may not be financially able to purchase a show pig, and have an interest in the swine industry.

Scholarship information and applications are posted on the [CPPA website](#)

**Deadline to submit applications – October 15, 2016**

For questions, please contact the CPPA office at (916) 447-8950 or [info@calpork.com](mailto:info@calpork.com)

### Open Barn in October- A Goat Education Day

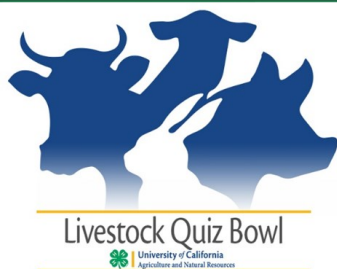
October 22, 2016

9:00 am-3:00 pm

24700 County Rd. 95 Davis, CA 95616

No Cost for admission

Crees Brothers Farm is hosting a goat educational day that will include lectures from local veterinarians, live demonstrations, and exhibits on basic goat care. More info [here](#).



### 4-H & FFA Livestock Quiz Bowl

October 15, 2016

Grand National Livestock Exposition, Horse Show & Rodeo

Cow Palace in Daly City, CA

Registration Due October 7, 2017

Register now to participate in the 2016 Livestock Quiz Bowl! The winning 4-H and FFA teams will qualify to compete at the Livestock Quiz Bowl contest at the Western National Roundup

in Denver, CO in January of 2017! More information: [http://4h.ucanr.edu/4-H\\_Events/Livestock\\_Quiz\\_Bowl/](http://4h.ucanr.edu/4-H_Events/Livestock_Quiz_Bowl/)

## Military Program



### 4-H Military Program

4-H Military Partnerships create opportunities and provide support to military connected youth whether they live on or near an installation, in our communities, or on overseas installations.

4-H clubs provide consistency in belonging and an opportunity to develop life skills through a positive youth development framework.

View the [4-H Military Partnership annual report](#) to see how 4-H makes a difference for Military Youth.

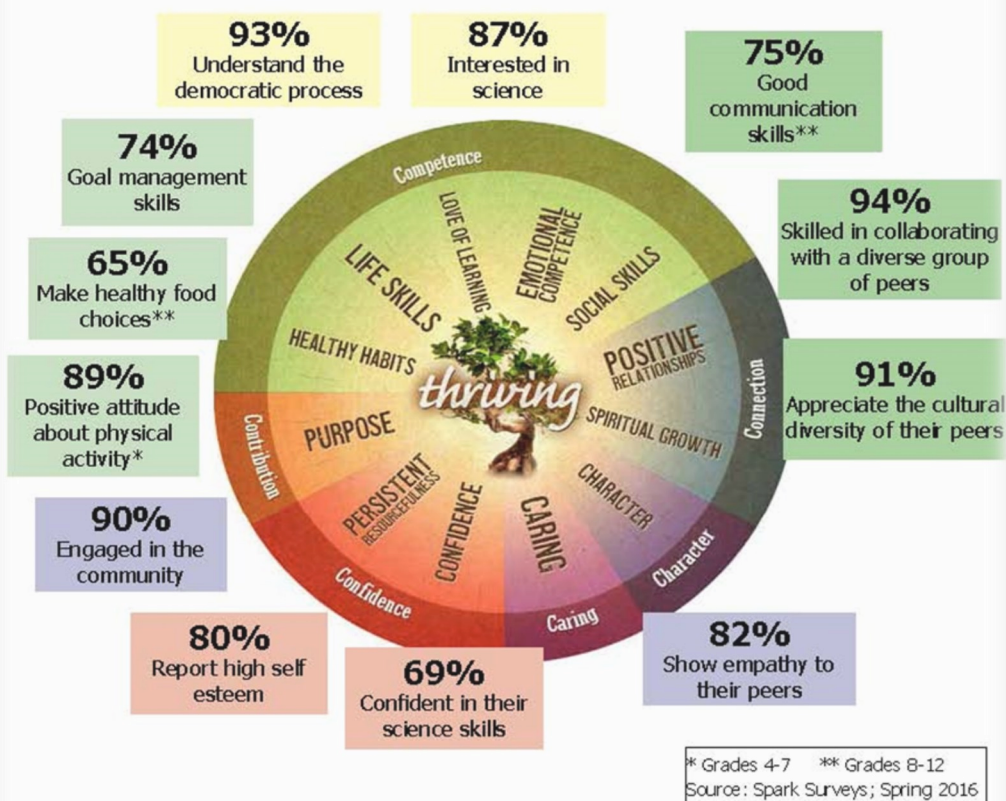
#UCANR4H



### Spring 2016 Spark Survey Highlights

Thank you to all the 4-H'ers who filled out their Spring 2016 Spark Surveys! Thanks to your participation, we are seeing evidence that 4-H is helping you prepare for a successful future.

### Over 80% of 4-H'ers are growing in the 6 C'S



### #4HGo - Receive a \$10 Target Gift Card

From October 1 to January 31, the first 200 4-H'ers that take all of their Fall 2016 Spark Surveys in ORB will receive a \$10 Target Gift Card.

Rules:

- Eligibility limited to 4-H'ers who have NOT earned a gift card in 2016 by taking the surveys at State Field Day
- Gift cards will be mailed in November.

Spread the word! Use #4HGo and let your fellow 4-H'ers know how to "cast their vote" to let us know how 4-H is making a difference in their life.

### ORB Internet Café Training

Have a group of people interested in learning how to use the ORB system? You can bring in the ORB Internet Café Training to your county. This 3-hour workshop has been a popular way to get people excited about ORB and on the path to successful online record book keeping. For more information about how you can bring this workshop to your county, [click here](#). Limited booking dates are available for the 2016-17 program year (5 available) on a first come, first served basis starting as early as September!!!

## THE 4-H PLEDGE



## PROMESA 4-H

I pledge my...

Prometo usar mi...

### HEAD

to clearer thinking,

### HEART

to greater loyalty,

### HANDS

to larger service,

### HEALTH

to better living,

for my club,  
my community,  
my country and  
my world.

### MENTE

para pensar con más claridad,

### CORAZÓN

para ser más leal,

### MANOS

para ser más servicial,

### SALUD

para cuidarme más,

por mi club  
mi comunidad  
mi país y  
mi mundo

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UC ANR 4-H Youth Development Program  
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**University of California**  
Agriculture and Natural Resources

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Get connected with 4-H  
through social media!

